



IRS contribution limits for 2025.

You can contribute up to \$15,500 annually to your retirement accounts that are available for certain ages.

The regular IRS limit for 2025 is \$15,500. If you will be age 50 and above in 2025, you can contribute an additional \$3,000; or, if you are age 60, 61, 62, or 63 in 2025 you can contribute an additional \$5,000 above the regular limit.

Below are the total contribution amounts allowed to an employer-sponsored retirement account in 2025.

under 50	\$15,500
50-59	\$18,500
60-63	\$20,500
64 and above	\$18,500

Why save more?

There are tax advantages to saving in your plan, which means the impact to your take-home pay may not be as much as you think.

Your money has the potential to grow through the power of compounding interest. That growth can help offset increases in the cost of living. Saving more may bring you closer to the kind of retirement you want and deserve.

Give your investments more potential.

Meet with a TIAA financial consultant to see if your savings are on track. Visit tiaa.org/schedulenow or scan the QR code. You can also call

